

Optional Assignments for MH-TCM Module 3

(7 hours)

1) Think about one of your grandparents or another elder that you are/were familiar with since your youth. Write at least 5 values that this person had when he/she was a young adult that reflects his/her ethnic/racial community culture. Now write at least 2 assessment questions for each value that a case manager might ask that would lead the case manager to know and appreciate this client's culture. Now write why/how could each of these values affect how case management services might be provided with this individual.

2) Review the videotape clips and written information provided about the 3 individuals – Marie, Paul and Hassan. Complete a functional assessment of at least three FA domains on two of the three (your choice) individuals.. You have not been provided anywhere sufficient information about the individuals to complete a comprehensive functional assessment, so don't worry. Answer: what is the "status" of the individual in each of the four domains? What strengths/resources do you speculate the individual has? What functional limitations? Is functional limitations due/related to the symptoms of the MI? What aspirations? Discuss with your clinical supervisor. Use the format of ***domain, current status, functional description, cultural considerations, linkage to symptoms of mental illness (if any), relevant history and past resources, the person's aspirations.***

Discuss with your clinical supervisor if your agency is using a Functional Assessment form/format that includes a written narrative of each functional area (a short checklist is not sufficient). Discuss if your assessment/planning process captures recipient strengths and aspirations.

3) After discussing with your clinical supervisor, complete at least two substance abuse screenings with real clients using at least one of the screening tools: the K6, the CAGE-AID, or the GAIN-SS presented in the linked document "*Screening for the Possibility of Co-occurring Mental Illness and Substance Use Disorder in the Behavioral Health Setting*". Discuss your impressions of your experience with the use of screening tool/s with your clinical supervisor. Discuss how your MH-TCM agency assesses substance abuse/chemical dependency disorders among your clients; and where your agency commonly refers your clients for substance use treatment. Do your clients have access to an IDDT provider? Who?

4) Write an ICSP for one of the three example clients – Marie, Paul or Hassan. Discuss with your clinical supervisor. Discuss: Is the goal/objective measurable? Is the broad goal stated in the recipient's words? What options for resources/services were considered to address the goal/s? What level of support/role is the case manager performing? Why? Are other natural support people involved? Why?

5) Discuss with your supervisor, your agency's expectation of the MH-TCM case manager's role in crisis intervention and relapse prevention planning. What procedures and resources are available to help case manager's when their clients experience crises and psychiatric relapses.